

FIVE SAVE LIFE'S NEWSLETTER



BACK TO SCHOOL

AUGUST, 2026



BACK TO SCHOOL: NEW BEGINNINGS FOR EVERY CHILD

BY: AMR AL TURK

As August arrives, the feeling of a new school year begins to fill the air. Store shelves fill with notebooks and backpacks, families begin adjusting daily routines, and children start thinking about the first day back in the classroom. For many students, the back-to-school season brings excitement—new teachers, new friends, and new opportunities to learn. For others, it may also bring a little nervousness about what the year ahead might hold.

The start of a school year represents more than returning to classes. It marks a fresh chapter for children and families. Each school year offers the chance to discover new interests, develop confidence, and build friendships that can last a lifetime. Small moments—meeting a teacher for the first time, finding a seat in a new classroom, or sharing stories with classmates—can become meaningful experiences that shape a child's growth.

For many families in our community, preparing for school involves more than buying supplies. Parents may be navigating school registration, transportation arrangements, and new routines while balancing work and family responsibilities. Community support and accessible information can make a significant difference during this busy time.

Children also benefit from emotional preparation. Talking with them about their expectations, encouraging curiosity, and reassuring them that it is normal to feel both excited and uncertain can help build confidence before the first day arrives.

At Five Save Life, we recognize that education plays a powerful role in shaping the future of young people and their families. By supporting parents with information, guidance, and resources, we aim to help children begin the school year feeling prepared, confident, and supported.

Every school year brings a new opportunity to learn, grow, and dream bigger.

BENEFITS

Ontario Women's Economic Security Program

By: Shivani Sachdeva

This program supports low-income women to find jobs and become financially independent.

If you are a woman who is considered low income, you may be eligible for pre-employment, pre-apprenticeship and entrepreneurship training through the Women's Economic Security Program (WESP). The training will help equip you with the skills, knowledge and experience to improve your economic security. If you are interested in applying to a WESP training program, please contact one of the organizations listed below to determine your eligibility. All programs include additional supports so you can focus on participating in the training programs. Supports may include:

- food throughout the training day, and/or access to a food bank
- transportation to and from the training program
- support in finding child care
- referral to mental health and wellbeing supports, counselling, housing and legal support
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[Women's Economic Security Program \(WESP\)_l.ontario.ca](https://www.wesp.on.ca)

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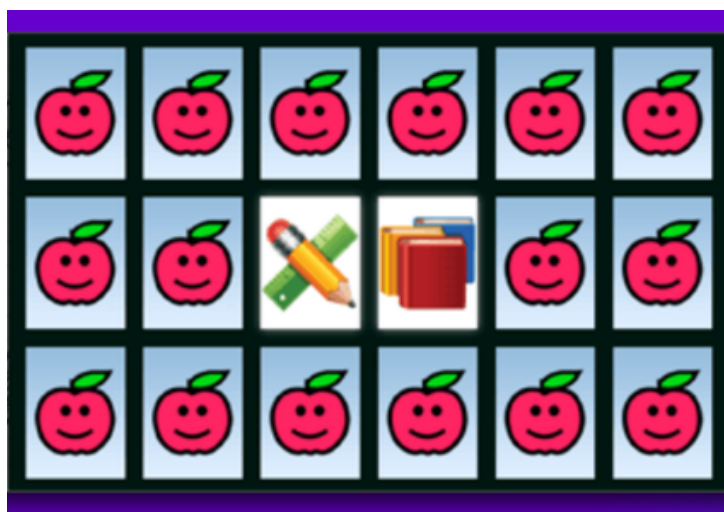


BACK TO SCHOOL

BY: ANR AL TURK

WATCH THE WORKSHOP

BACK TO SCHOOL MATCH GAME



CLIENT'S BUSINESS

SUMMER PROGRAMS FOR CHILDREN



Free Drop-in Swims

Until September 6 | All Ages
Various Locations

Beat the heat this summer at our weekly public swims. Spaces are limited; advanced registration is recommended!

Generously Sponsored By:

Tim Hortons

Dive In!



Movies Under the Stars

Until August 29 | FREE Event
Various Locations

Lights, popcorn, action! Enjoy free outdoor movie nights at locations across Brampton all summer long.

Generously Sponsored By:

Toronto Pearson  

View Showtimes



Free Drop-in Badminton

Until September 6 | Ages 4+
Various Locations

Looking for a cool way to stay active this summer? Brush up on those badminton skills and join us on the court!

Generously Sponsored By:

407 ETR
Express Toll Route
FAST. SAFE. RELIABLE.

Reserve Your Spot!